

	Sprint			Middle			Lang			Totaal		
	looptijd	km-tijd	punten	looptijd	km-tijd	punten	looptijd	km-tijd	punten	looptijd	km-tijd	punten
snelste km-tijd dames		00:06:05			00:08:43			00:09:55			00:09:04	
snelste km-tijd dames / 1,25		00:04:52			00:06:58			00:07:56			00:07:15	
snelste km-tijd heren		00:04:38			00:05:56			00:07:03			00:06:30	
snelste km-tijd heren x 1,25		00:05:47			00:07:25			00:08:49			00:08:07	
REFERENTIETIJD dames		00:05:47			00:07:25			00:08:49			00:08:07	
REFERENTIETIJD heren		00:04:38			00:05:56			00:07:03			00:06:30	

OFFICIEUS JWOC

HEREN

Afstand	2580			5500			10460			18540		
BLOEMEN Tristan	00:11:56	00:04:38	100,00	00:34:14	00:06:13	104,90	01:22:06	00:07:51	111,27	02:08:16	00:06:55	106,47
CLAPUYT Thomas	00:17:26	00:06:45	146,09	00:40:44	00:07:24	124,82	01:44:31	00:10:00	141,65	02:42:41	00:08:46	135,04
DEMEUSE Clément	00:12:55	00:05:00	108,24	00:36:13	00:06:35	110,98	01:17:13	00:07:23	104,65	02:06:21	00:06:49	104,88
DERENNE Thibaut	00:13:14	00:05:08	110,89	00:37:27	00:06:49	114,76	01:16:12	00:07:17	103,28	02:06:53	00:06:51	105,33
DRYGALSKI Tom	00:14:00	00:05:26	117,32	00:44:00	00:08:00	134,83	01:25:47	00:08:12	116,26	02:23:47	00:07:45	119,36
GELDOF Ian	00:15:07	00:05:52	126,68	00:46:47	00:08:30	143,36	10:00:00	00:57:22	813,19	11:01:54	00:35:42	549,45
GILLET Julien	00:12:40	00:04:55	106,15	00:34:14	00:06:13	104,90	01:13:47	00:07:03	100,00	02:00:41	00:06:31	100,18
GILLET Thomas	00:13:43	00:05:19	114,94	00:34:25	00:06:15	105,46	01:15:48	00:07:15	102,73	02:03:56	00:06:41	102,88
KEUPPENS Arno	00:13:54	00:05:23	116,48	00:44:09	00:08:02	135,29	10:00:00	00:57:22	813,19	10:58:03	00:35:30	546,25
LECOCQ Pierre	10:00:00	03:52:33	5027,93	10:00:00	01:49:05	1838,61	10:00:00	00:57:22	813,19	06:00:00	01:37:05	1494,19
LEEUWS Evert	00:13:04	00:05:04	109,50	00:32:38	00:05:56	100,00	01:14:46	00:07:09	101,33	02:00:28	00:06:30	100,00
THIEBAUT Jérémie	00:17:02	00:06:36	142,74	00:50:06	00:09:07	153,52	01:48:40	00:10:23	147,28	02:55:48	00:09:29	145,93

DAMES

Afstand	2150			4300			7870			14320		
CELENZA Anne-Laure	00:22:08	00:10:18	178,06	00:50:42	00:11:47	158,98	10:00:00	01:16:14	864,65	11:12:50	00:46:59	578,49
CEULEMANS Coline	00:19:02	00:08:51	153,12	00:46:59	00:10:56	147,32	01:32:51	00:11:48	133,80	02:38:52	00:11:06	136,59
FELL Ronja	00:17:10	00:07:59	138,10	00:44:37	00:10:23	139,90	01:29:14	00:11:20	128,59	02:31:01	00:10:33	129,84
ROBINSON Eléonore	00:22:01	00:10:14	177,12	00:58:42	00:13:39	184,06	01:53:05	00:14:22	162,96	03:13:48	00:13:32	166,63
ROOMAN Claudia	00:20:55	00:09:44	168,27	00:47:32	00:11:03	149,05	01:22:19	00:10:28	118,63	02:30:46	00:10:32	129,63
TILKIN Fanny	00:13:05	00:06:05	105,25	00:37:27	00:08:43	117,43	01:19:15	00:10:04	114,21	02:09:47	00:09:04	111,59
VERDEYEN Elke	00:16:28	00:07:40	132,47	00:40:47	00:09:29	127,88	01:18:04	00:09:55	112,50	02:15:19	00:09:27	116,34

Selectie:

- winnaar van afstand als totaal < 120,00
- aanvullen tot max. 5 als totaal < 115,00
- aanvullen tot max. 6 door trainers